

Χαρακτηριστικά:

- Focuses on **preventive care for men**, discussing what it is that makes men ill, including medical and lifestyle factors
- Reviews **male anatomy and physiology**, provides an overview of **common concerns in men's health**, and discusses the **inequity in men's health outcomes** for many physical and mental health conditions, including complex reasons for the life expectancy gap between men and women
- Covers **non-communicable diseases** such as heart disease, certain cancers, type 2 diabetes, and obesity
- Contains **student-friendly features** such as case studies and clinical scenarios; care-specific boxes; legal, ethical, and professional information; public health promotion; investigations and procedures; and more
- Offers **extensive coverage of men's mental health issues and outcomes**, including a nuanced approach to care that acknowledges ways in which men may present and cope with health issues differently from women
- Addresses **key topics** such as biomedical and sociobiological issues, underlying causes of poor health outcomes for men and boys, health inequality and social determinants at individual and population levels, the use of digital technologies to enhance care, and more
- Explores the **unique health needs of specific populations**, including LGBTQ+ individuals, men from diverse cultural backgrounds, men across the age continuum, homelessness, and men who are under the supervision of the parole/criminal justice system
- **An eBook version is included with purchase.** The eBook allows you to access all of the text, figures, and references, with the ability to search, customize your content, make notes and highlights, and have content read aloud

Περιεχόμενα:

- 1 Introduction to Men's Health
- 2 Biological and Physiological Differences Impacting Men's Health
- 3 Anatomy and Physiology of the Male Reproductive System
- 4 Men's Common Health Concerns
- 5 Prostate Cancer
- 6 Preventative Care for Men
- 7 Management of Chronic Conditions
- 8 Mental Health and Well-Being
- 9 Sexual and Reproductive Health
- 10 Men's Health and Diverse Populations
- 11 Primary Care