

### Χαρακτηριστικά:

- **NEW! Greater emphasis on social determinants of health** (SDOH) explores this key topic in public health nursing
- **NEW! Completely revised chapters** reflect the most current practice from experts in the field
- **NEW! Content** explores increased health inequity in the US, the evolving global health outcomes as a result of COVID, and increased involvement of at-risk communities
- **NEW! Evidence** addresses healthcare decisions, as well as maintaining the health and wellbeing of healthcare professionals
- **NEW! Updated language** reflects the NCSBN Clinical Judgment Measurement Model to align with the Next-Generation NCLEX® exam
- **NEW! Updated photos and graphics** freshen the view and visually reinforce essential content
- **Separate chapters on population groups** — the individual, family, and community — highlight the unique aspects of assessment and health promotion for each group
- **Coverage of growth and development** helps apply health promotion concepts to each age and each stage of development through the lifespan
- **Case studies** present realistic situations with questions asking you to apply key concepts to further develop clinical judgment
- **Quality and Safety Scenario boxes** focus on QSEN-related competencies with examples of health promotion
- **Innovative Practice boxes** outline unique and creative health promotion programs and projects currently being implemented
- **Healthy People boxes** present goals and objectives relating to national health issues and priorities
- **Research for Evidence-Based Practice boxes** summarize current health-promotion studies showing the links between research, theory, and practice
- **Care plans** include patient problems, defining characteristics, related factors, expected outcomes, and interventions
- **Diversity Awareness boxes** address cultural perspectives relating to planning care
- **Hot Topics boxes** introduce significant issues, trends, and controversies in health promotion
- **Think About It clinical scenarios** open each chapter and include questions to encourage clinical judgment

## **Περιεχόμενα:**

### Unit 1 Foundations for Health Promotion

- 1 Health Defined: Health Promotion, Protection, and Prevention
- 2 Communities at Risk and Health
- 3 Health Policy and the Delivery System
- 4 The Therapeutic Relationship
- 5 Ethical Issues Related to Health Promotion

### Unit 2 Assessment for Health Promotion

- 6 Health Promotion and the Individual
- 7 Health Promotion and the Family
- 8 Health Promotion and the Community

### Unit 3 Interventions for Health Promotion

- 9 Screening and Health Promotion
- 10 Health Education
- 11 Nutrition Counseling for Health Promotion
- 12 Physical Activity
- 13 Stress Management
- 14 Complementary, Integrative, and Alternative Strategies

### Unit 4 Application of Health Promotion

- 15 Overview of Growth and Development Framework
- 16 The Childbearing Period
- 17 Infant
- 18 Toddler
- 19 Preschool Child
- 20 School-Age Child
- 21 Adolescent
- 22 Young Adult
- 23 Middle-Age Adult
- 24 Older Adult

### Unit 5 Emerging Global Health Issues

- 25 Health Promotion for the 21st Century: Throughout the Life Span and Throughout the World