

Contents

Acknowledgements

pages ix

Part I: Vignettes

Case 1:	Schizophrenia	3
Case 2:	Delusional Disorder	26
Case 3:	Major Depressive Disorder	33
Case 4:	Dysthymic Disorder and Premenstrual Dysphoric Disorder	55
Case 5:	Grief	62
Case 6:	Bipolar Disorder	69
Case 7:	Generalised Anxiety Disorder	85
Case 8:	Panic Disorder and Agoraphobia	93
Case 9:	Social Anxiety Disorder	101
Case 10:	Separation Anxiety and Selective Mutism	106
Case 11:	Obsessive–Compulsive Disorder	111
Case 12:	Body Dysmorphic Disorder	121
Case 13:	Trichotillomania and Excoriation Disorder	127
Case 14:	Hoarding Disorder	132
Case 15:	Anorexia Nervosa	138
Case 16:	Bulimia Nervosa	150
Case 17:	Pica and Rumination Disorder	158
Case 18:	Acute Stress Disorder, Post-Traumatic Stress Disorder and Adjustment Disorder	164
Case 19:	Illness Anxiety Disorder and Somatic Symptom Disorder	177
Case 20:	Conversion Disorder and Factitious Disorder	183
Case 21:	Delirium and Neurocognitive Disorders	191
Case 22:	Mental Capacity Assessment	216
Case 23:	Attention Deficit Hyperactivity Disorder	222
Case 24:	Autism Spectrum Disorder and Intellectual Developmental Disorder	234
Case 25:	Alcohol Use Disorder	247
Case 26:	Cannabis Use Disorder	262

Contents

Case 27: Stimulant Use Disorder	266
Case 28: Opioid Use Disorder	271
Case 29: Hallucinogen Use Disorder	275
Case 30: Gambling Disorder	279
Case 31: Borderline Personality Disorder	286
Case 32: Antisocial Personality Disorder	293
Case 33: Schizoid, Schizotypal and Paranoid Personality Disorder	301
Case 34: Dependent Personality Disorder	308
Case 35: Suicide Risk Assessment	314
Case 36: Catatonia and Electroconvulsive Therapy	320
Case 37: Neuroleptic Malignant Syndrome and Serotonin Syndrome	331
Case 38: Insomnia Disorder	341
Case 39: Narcolepsy Disorder	347
Case 40: Breathing-Related Sleep Disorders	352
Case 41: Non-Rapid Eye Movement Sleep Arousal Disorder	356
Case 42: Rapid Eye Movement Sleep Behaviour Disorder	360
Case 43: Dissociative Amnesia and Dissociative Identity Disorder	365
Case 44: Voyeuristic, Exhibitionistic, Frotteuristic and Sexual Masochism and Sadism Disorders	374
Case 45: Paedophilic Disorder	381
Case 46: Transvestic and Fetishistic Disorders	387
Case 47: Gender Dysphoria	392
Case 48: Pyromania	401
Case 49: Kleptomania	405
Case 50: Child and Adolescent Mental Health Services	410
Case 51: Old Age Psychiatry	418
Case 52: Pregnancy and Breastfeeding	424
Case 53: Hepatic Impairment	439
Case 54: Renal Impairment	446
Case 55: Forensic Psychiatry	454
Part II: Topical MCQs	
Case 1: Schizophrenia	465
Case 2: Delusional Disorder	467

Contents

Case 3:	Major Depressive Disorder	469
Case 4:	Dysthymic Disorder and Premenstrual Dysphoric Disorder	471
Case 5:	Grief	473
Case 6:	Bipolar Disorder	474
Case 7:	Generalised Anxiety Disorder	476
Case 8:	Panic Disorder and Agoraphobia	477
Case 9:	Social Anxiety Disorder	478
Case 10:	Separation Anxiety and Selective Mutism	479
Case 11:	Obsessive–Compulsive Disorder	480
Case 12:	Body Dysmorphic Disorder	481
Case 13:	Trichotillomania and Excoriation Disorder	482
Case 14:	Hoarding Disorder	483
Case 15:	Anorexia Nervosa	484
Case 16:	Bulimia Nervosa	486
Case 17:	Pica and Rumination Disorder	487
Case 18:	Acute Stress Disorder, Post-Traumatic Stress Disorder and Adjustment Disorder	488
Case 19:	Illness Anxiety Disorder and Somatic Symptom Disorder	489
Case 20:	Conversion Disorder and Factitious Disorder	490
Case 21:	Delirium and Neurocognitive Disorders	491
Case 22:	Mental Capacity Assessment	493
Case 23:	Attention Deficit Hyperactivity Disorder	494
Case 24:	Autism Spectrum Disorder and Intellectual Developmental Disorder	496
Case 25:	Alcohol Use Disorder	498
Case 26:	Cannabis Use Disorder	500
Case 27:	Stimulant Use Disorder	501
Case 28:	Opioid Use Disorder	502
Case 29:	Hallucinogen Use Disorder	503
Case 30:	Gambling Disorder	505
Case 31:	Borderline Personality Disorder	506
Case 32:	Antisocial Personality Disorder	507
Case 33:	Schizoid, Schizotypal and Paranoid Personality Disorder	508
Case 34:	Dependent Personality Disorder	509

Contents

Case 35: Suicide Risk Assessment	510
Case 36: Catatonia and Electroconvulsive Therapy	511
Case 37: Neuroleptic Malignant Syndrome and Serotonin Syndrome	512
Case 38: Insomnia Disorder	513
Case 39: Narcolepsy Disorder	514
Case 40: Breathing-Related Sleep Disorder	515
Case 41: Non-Rapid Eye Movement Sleep Arousal Disorder	516
Case 42: Rapid Eye Movement Sleep Behaviour Disorder	517
Case 43: Dissociative Amnesia and Dissociative Identity Disorder	518
Case 44: Voyeuristic, Exhibitionistic, Frotteuristic and Sexual Masochism and Sadism Disorders	519
Case 45: Paedophilic Disorder	520
Case 46: Transvestic and Fetishistic Disorders	521
Case 47: Gender Dysphoria	522
Case 48: Pyromania	523
Case 49: Kleptomania	524
Case 50: Child and Adolescent Mental Health Services	525
Case 51: Old Age Psychiatry	526
Case 52: Pregnancy and Breastfeeding	528
Case 53: Hepatic Impairment	530
Case 54: Renal Impairment	532
Case 55: Forensic Psychiatry	533
<i>Answers to Topical MCQs</i>	534
<i>Index</i>	573