
Otolaryngology Study Guide

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Editors

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A Case-Based Approach

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To my wife, Katerina

To my children, Filippos and Alexandros

Nikolaos Tsetsos

To my parents, Dimitrios and Amalia

Marios Stavrakas

To my parents, for giving me life

To my wife and children, who show me how to enjoy life

*To my teachers, for their inspiring support in otolaryngology-
head and neck surgery life*

To my patients, who seek a better quality of life

Konstantinos Garefis

Preface

Οὐκ ἔνι ἰατρικὴν εἰδέναι, ὅστις μὴ οἶδεν ὅ τι ἐστὶν ἄνθρωπος.
Ἱπποκράτης (c. 460 BC–377 BC)

Hippocrates, who lived thousands of years before our time, espoused radical views on the holistic approach to medicine, divorcing it from religious considerations. This quotation underscores the importance of profound understanding and highlights the significance of comprehending not only medical matters but also the human condition.

These values of deep knowledge and self-development are embraced in this endeavor, which seeks to offer a comprehensive study guide. This guide serves not only as a tool for revision but also as a companion in everyday practice and the management of ENT cases.

Each chapter is structured around a common ENT scenario and adheres to a standardized format, featuring carefully chosen multiple-choice questions and comprehensive answers. These are grounded in the latest evidence and guidelines. We aspire for the “Otolaryngology Study Guide: A Case-Based Approach” to evolve into a valuable resource for ENT surgeons, trainees, medical students, and allied healthcare professionals.

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