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Chapter 2: Providing quality clinical care

Chapter 3: Clinical reasoning

Chapter 4: Shared decision making

Chapter 5: The multidisciplinary team approach

Chapter 6: Working with sporting teams

Chapter 7: Career development

Part B: Clinical sciences

Chapter 8: Acute injuries

Chapter 9: Overuse injuries

Chapter 10: How does pain work? Using contemporary neuroscience to understand pain, performance and recovery

Chapter 11: Managing pain

Chapter 12: Introduction to clinical biomechanics

Chapter 13: Biomechanical aspects of injury in nine specific sports

Chapter 14: Training principles, programming and prescription

Chapter 15: Load management

Chapter 16: Recovery

Part C: The clinical approach

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Chapter 18: Periodic health assessment of athletes

Chapter 19: Diagnosis: history and physical examination

Chapter 20: Diagnosis: imaging

Chapter 21: Diagnosis: phases of clinical assessment

Chapter 22: Red flags

Chapter 23: Using PROMs in clinical practice

Chapter 24: Treatment of sports injuries

Chapter 25: Athlete education

Chapter 26: Surgery in sports and exercise medicine

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