

Features:

- Covers **normal and abnormal aspects** of infant sleep and provides **evidence-based tools** to direct assessment and treatment of medical and behavioral sleep concerns.
- Discusses **new protocols and treatments** specific to children under 24 months of age.
- Highlights the unique evaluation and management of medical sleep disorders specific to infants, with a **focus on special populations**.
- Contains **full-color illustrations** throughout, including diagrams, photographs, and sleep studies (polysomnography).
- **Distills a growing body of research** related to the spectrum of medical and behavioral disorders in infant sleep in a single reference ideal for clinicians or researchers.
- **An eBook version is included with purchase.** The eBook allows you to access all of the text, figures and references, with the ability to search, customize your content, make notes and highlights, and have content read aloud. Additional digital ancillary content may publish up to 6 weeks following the publication date.

Περιεχόμενα:

SECTION 1 Developmental Aspects of Sleep

- 1 Developmental Changes in EEG and Sleep Architecture From Prematurity Through Infancy
- 2 Circadian Development and Homeostatic Sleep Pressure
- 3 Infant Respiratory Physiology During Sleep
- 4 Behavioral Changes in Sleep During the First 2 Years

SECTION 2 Medical Sleep Disorders of Infancy

- 5 Sudden Infant Death Syndrome
- 6 Evaluation of Obstructive Sleep Apnea in Infants: Including Polysomnography
- 7 Management of Obstructive Sleep Apnea in Infants
- 8 Congenital Central Hypoventilation Syndromes and Other Disorders of Ventilation
- 9 Impact of Chronic Disease or Early Birth Complications on Sleep in Infancy
- 10 Sleep Disorders in Neurological Disorders and Sleep-Related Movement Disorders in Children Less Than 2 Years of Age

SECTION 3 Behavioral Sleep Disorders in Infancy

- 11 Insomnia in Infancy: Phenomenology and Links With Parental Factors
- 12 Intrinsic Factors Associated With Infant Insomnia: The Impact of Temperament and Development
- 13 Behavioral Sleep Assessment Methods

14 Behavioral Interventions for Infant Sleep Problems: Efficacy, Safety, Predictors,
Moderators, and Future Directions

15 Infant Sleep Health Disparities and Cross-Cultural Differences

Index