

# Contents

*List of Contributors* ix

<b>Introduction</b> 1	<b>5.4 Psychosocial Management of Psychosis</b> 282
David Kingdon, Paul Rowlands and George Stein	David Kingdon
Appendix I.1 3	<b>6.1 Anxiety Disorders</b> 293
Veryan Richards and Paul Rowlands	David S. Baldwin, Bethan Impey and Vasilios Masdrakis
<b>1 Clinical Epidemiology</b> 6	<b>6.2 Post-traumatic Stress Disorder</b> 314
James B. Kirkbride and Annie Jeffery	Jonathan I. Bisson
<b>2 Assessment, Formulation and Diagnosis</b> 30	<b>6.3 Specific Phobias</b> 324
David Kingdon, George Stein and Paul Rowlands	Julius Burkauskas, Naomi A. Fineberg, Arun Enara, Giovanna Cirnigliaro and Lynne M. Drummond
<b>3.1 Clinical Features of Depressive Disorders</b> 64	<b>6.4 Obsessive-Compulsive and Related Disorders</b> 334
Ian M. Anderson and Kate Williams-Markey	Lynne M. Drummond, Arun Enara, Giovanna Cirnigliaro, Julius Burkauskas and Naomi A. Fineberg
<b>3.2 Causes of Depression</b> 89	<b>6.5 Functional Neurological Disorder</b> 366
Glyn Lewis, Gemma Lewis and Ramya Srinivasan	Matt Butler and Timothy R. Nicholson
<b>3.3 Drug and Physical Treatments of Depression</b> 108	<b>6.6 Bodily Distress Disorder, Chronic Pain and Factitious Disorders</b> 387
Ryan Williams and Anthony Cleare	David Kingdon
<b>3.4 Psychological and Social Treatment of Depression</b> 147	<b>7.1 Clinical Features and Implications of New Classification of Personality Disorders</b> 404
Stirling Moorey	Peter Tyrer
<b>4.1 Bipolar Disorder: Diagnosis, Clinical Features, Outcome and Treatment</b> 162	<b>7.2 Clinical Approaches to Personality Disorder (AKA Complex Emotional Needs)</b> 414
Jennifer Burgess, Alan Currie, Stuart Watson, Aditya Sharma, David Cousins, John Cookson and R. Hamish McAllister-Williams	Oliver Dale and Andrew Howe
<b>4.2 Bipolar Disorder: Treatment, Psychological, Social and Physical Health Approaches</b> 183	<b>7.3 Antisocial and Other Personality Disorders, Impulse Control Disorders, and Non-substance Addictive Disorders</b> 444
Richard Morriss	George Stein
<b>5.1 Schizophrenia and Other Primary Psychoses: Clinical Features</b> 198	<b>8 Neuropsychiatric Disorders</b> 460
Peter F. Liddle	Andrea E. Cavanna and Alan Carson
<b>5.2 Causes and Outcome of Psychosis</b> 224	<b>9 Autism</b> 527
Cecilia Casetta, Adrianna P. Kępińska, Simona A. Stilo and Robin M. Murray	Ian A. Davidson, Mary Doherty and Clair Haydon
<b>5.3 Drug Treatment of the Psychoses</b> 241	<b>10 Attention-Deficit/Hyperactivity Disorder</b> 539
Jonathan Rogers, Edward Chesney, Paul Morrison and Fiona Gaughran	Marios Adamou

---

**Contents**

---

- |    |  |     |    |   |     |
|----|--|-----|----|---|-----|
| 11 | <b>Sleep Disorders and Psychiatry</b>                  | 546 | 17 | <b>Culture, Mental Health and Mental Illnesses</b>                    | 699 |
|    | Hugh Selsick   |     |    | Dinesh Bhugra, Max Pemberton, Sam Gnanapragasam<br>and Daniel Poulter |     |
| 12 | <b>Eating Disorders</b>                                | 565 | 18 | <b>Psychiatry in Primary Care</b>                                     | 726 |
|    | Agnes Ayton  |     |    | Linda Gask and Safi Afghan  |     |
| 13 | <b>Perinatal Psychiatry</b>                            | 598 | 19 | <b>Psychiatry in the General Hospital</b>                             | 739 |
|    | Joanna Cranshaw, Gertrude Seneviratne and George Stein |     |    | Parashar Ramanuj and Alice Ashby                                      |     |
| 14 | <b>Substance Use Disorders</b>                         | 636 | 20 | <b>Adult Mental Health Services</b>                                   | 767 |
|    | Ed Day and Zainab Bashir                               |     |    | David Kingdon and Paul Rowlands                                       |     |
| 15 | <b>Suicide and Self Harm</b>                           | 654 |    |   |     |
|    | George Stein   |     |    |   |     |
| 16 | <b>Physical Health Care</b>                            | 688 |    |   |     |
|    | Paul Rowlands and John Wass                            |     |    |   |     |
|    | Appendix 16.1  | 697 |    |   |     |
- 
- Index* 805