

Features:

- **Clear, conversational, step-by-step, evidence-based approach** covers physical examination and health assessment of patients throughout the lifespan.
- **Consistent format from chapter to chapter** features sections on structure and function, subjective data, objective data, documentation and critical thinking, abnormal findings, and health promotion and patient teaching to help you learn to assess systematically.
- **Inclusion of LGBTQ issues and *Cultural Assessment* chapter** equip you with the skills to practice with greater sensitivity and inclusivity.
- **Engaging online learning resources** include assessment video clips; review questions for the NCLEX®; case studies for the NGN; audio clips of heart, lung, and abdominal sounds; assessment checklists; and much more.
- ***Promoting a Healthy Lifestyle* boxes** present opportunities for patient teaching and health promotion while performing the health assessment.
- ***Developmental Competence* sections** highlight content specific to infants, children, adolescents, pregnant women, and older adults.
- ***Culture and Genetics* sections** include information on biocultural and transcultural variations in an increasingly diverse patient population.
- **Standalone *Vital Signs* chapter and focused nutrition content** emphasize the national epidemic of obesity.
- **Integration of interprofessional collaboration** emphasizes how to ensure patient safety during the physical exam and how to collaborate with other health professionals to promote optimal health.
- **Enhanced content on the electronic health record, charting, and narrative recording** exemplifies how to document assessment findings using state-of-the-art systems with time-tested thoroughness.

New To This Edition:

- **UPDATED! Photos identify common skin conditions in both light skin and dark skin**, increasing inclusivity and representation for better health outcomes.
- **UPDATED! Expanded transgender considerations** promote culturally competent care of this underserved patient population.
- **NEW! Fully integrated print and electronic coverage of the National Council of State Boards of Nursing (NCSBN) Clinical Judgment Measurement Model (NCJMM)** helps equip you for the Next Generation NCLEX® (NGN).

- **UPDATED! An unsurpassed collection of more than 1,100 full-color illustrations** vividly showcases anatomy and physiology, examination techniques, and abnormal findings.
- **UPDATED! Increased focus on social determinants of health (SODH)** addresses the disparities that can affect health outcomes, enabling a whole-health approach.

Περιεχόμενα:

1. Evidence-Based Assessment
 2. Cultural Assessment
 3. The Interview
 4. The Complete Health History
 5. Mental Status Assessment
 6. Substance Use Assessment
 7. Family Violence and Human Trafficking
 8. Assessment Techniques and Safety in the Clinical Setting
 9. General Survey and Measurement
 10. Vital Signs
 11. Pain Assessment
 12. Nutrition Assessment
 13. Skin, Hair, and Nails
 14. Head, Face, Neck, and Regional Lymphatics
 15. Eyes
 16. Ears
 17. Nose, Mouth, and Throat
 18. Breasts, Axillae, and Regional Lymphatics
 19. Thorax and Lungs
 20. Heart and Neck Vessels
 21. Peripheral Vascular System and Lymphatic System
 22. Abdomen
 23. Musculoskeletal System
 24. Neurologic System
 25. Male Genitourinary System
 26. Anus, Rectum, and Prostate
 27. Female Genitourinary System
 28. The Complete Health Assessment: Adult
 29. The Complete Physical Assessment: Infant, Young Child, and Adolescent
 30. Bedside Assessment and Electronic Documentation
 31. Pregnancy
 32. Functional Assessment of the Older Adult
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