

Features:

- Comprehensive information about all aspects of pain and pain management
- Relevant to a wide audience – suitable for physiotherapists, occupational therapists, social workers, nurses and GPs, as well as undergraduate students
- Factual and informative for clinicians in everyday practice
- Includes information on acute as well as chronic pain

New To This Edition:

- New chapters on communication, the language of pain, pain education for patients, multidisciplinary and interdisciplinary working, and inequities in pain including pain in low- and middle-income countries and amongst indigenous peoples
- Updated chapters with new information about the psychology of pain
- Now with full colour artworks and page design

Περιεχόμενα:

1. Introduction to pain
 2. The patient's voice
 3. Developing your communication toolkit: a practical guide for healthcare professionals
 4. Social determinants of pain
 5. The psychology of pain: implications for the assessment and management of people in pain
 6. Neuroanatomy of the nociceptive system
 7. Neurophysiology of pain
 8. Assessing pain
 9. Pain education for patients
 10. Participating in life roles through self-management
 11. Exercise therapy
 12. Psychological management of pain
 13. Neuropathic pain and complex regional pain syndrome
 14. Manual therapy and influence on pain perception
 15. Pain pharmacology and the pharmacological management of pain
 16. Transcutaneous electrical nerve stimulation and acupuncture
 17. Workplace rehabilitation
 18. Multidisciplinary and interprofessional working
 19. Pain in childhood
 20. Pain in older adults
 21. Cancer pain
 22. Inequities in pain: pain in low- and middle-income countries and among indigenous peoples
 23. Chronic pain and psychiatric problems
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 25. Persistent pain and the law: legal aspects of persistent pain management
 26. Conclusions: the future
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