

1. Introduction
2. Role of food or food component in brain health
3. *Bacopa monnieri* for cognitive health: a review of molecular mechanisms of action
4. Indian medicinal plants as drug leads in neurodegenerative disorders
5. Role of nutraceuticals in the management of severe traumatic brain injury
6. Understanding the relationship between oxidative stress and cognition in the elderly: targets for nutraceutical interventions
7. Brain and mental health in Ayurveda
8. 10 Persian herbal medicines used for brain health
9. Beneficial effects of nutraceuticals in healthy brain aging
10. Investigating the acute effect of pomegranate extract on indicators of cognitive function in human volunteers: a double-blind
11. Glucosinolates: paradoxically beneficial in fighting both brain cell death and cancer
12. Efficacy of dietary polyphenols for neuroprotective effects and cognitive improvements
13. The gut microbiota brain axis and role of probiotics
14. The gut microbiome: its role in brain health
15. The psychopharmacology of saffron, a plant with putative antidepressant and neuroprotective properties
16. Comprehensive review of Alzheimer's disease drugs (conventional, newer, and plant-derived) with focus on *Bacopa monnieri*
17. Nutraceuticals in neurodegenerative diseases
18. Transforming curry extract-spice to liposome-based curcumin: lipocurc to restore and boost brain health in COVID-19 syndrome
19. Cognitive health and nutrition: a millennial correlation
20. Mediterranean diet and its components: potential to optimize cognition across the lifespan
21. *Centella asiatica* (Gotu kola) leaves: potential in neuropsychiatric conditions
22. Big data for clinical trials
23. The multifactorial contributions of Pycnogenol® for cognitive function improvement
24. Advancements in delivery of herbal drugs for cognitive disorders
25. Impact of cardiometabolic disease on cognitive function

26. Vitamin B6, B9, and B-12: can these vitamins improve memory in Alzheimer's disease?
27. Sri Lankan medicinal herbs used for the management of neurodegenerative diseases of the brain
28. Management of Alzheimer's Disease with nutraceuticals
29. Nutraceuticals in brain health
30. Ayurveda and Brain health