

Contents

Foreword
Acknowledgments

ix
xi

Chapter 1 Systems and safety: MR hardware and fields		1	
Introduction	1	Electromagnetic fields	16
Overview of MRI operation	3	Other medical devices	24
MRI hardware	10	Conclusions	25
Chapter 2 Let's get physical: fields and forces		27	
Basic laws of magnetism	27	Lorentz and hydrodynamic forces	50
Magnetic materials	32	Laws of induction	51
Forces and torque	39	Conclusions	57
Chapter 3 Bio-effects 1: static field		61	
Introduction	61	Human physiological effects	70
Physical mechanisms	61	Acute sensory effects	70
Cellular effects	67	Cognitive effects	74
Animal effects	69	Static field exposure limits	74
Epidemiology	70	Conclusions	74

Chapter 4	Bio-effects 2: time-varying gradient fields	79
Introduction	79	Peripheral nerve stimulation in MRI
Physical interaction	79	Exposure limits
ELF time-varying magnetic field effects	83	Conclusions
Magnetic stimulation	86	102
Chapter 5	Bio-effects 3: radio-frequency fields	107
Introduction	107	RF exposure limits
Physical interaction	107	Controlling SAR in practice
Tissue heating	112	Conclusions
Biological effects	118	132
Chapter 6	Acoustic noise	137
Introduction	137	Reducing acoustic noise in practice
Generation of acoustic noise in MRI	137	Hearing protection
Measuring noise: dB(A), dB(C), dB(Z)	138	Acoustic noise limits
Anatomy and physiology of human hearing	143	Conclusions
MRI noise exposure	146	158
Chapter 7	Pregnancy	161
Introduction	161	Gadolinium-based contrast agents
Cellular effects and animal studies	161	Exposure limits and guidance
Human studies and epidemiology	162	Conclusions
Chapter 8	Contrast agents	173
Introduction	173	Pregnancy and lactation
Physical and chemical properties	173	Conclusions
Contrast reactions and adverse events	180	186
Chapter 9	Passive implants	191
Introduction	191	Examples of passive implants
Risks from passive implants	191	Artefacts
ASTM testing	209	Conclusions
		221

Chapter 10	Active implants	227
Introduction	227	Endoscopic cameras 253
Risks from active implants	227	Implantable infusion pumps 253
Pacemakers and ICDs	236	Keeping within the conditions 255
Neurostimulators	243	Conclusions 257
Cochlear implants	249	

Chapter 11	Would you scan this? Understanding the conditions	263
Introduction	263	More examples 279
MRI conditions	263	Off-label scanning 281
Understanding fringe field spatial gradient maps	265	What to do when you do not know the conditions? 281
Understanding RF conditions	275	Conclusions 285
Gradient slew rate condition	278	

Chapter 12	Location, location, location: suite design	289
Introduction	289	Safety features 297
ACR zoning scheme	289	MRI project management 301
Fringe field	292	Specialist systems 302
Helium exhaust and quench pipe	292	Conclusions 303
Security	296	

Chapter 13	But what about us? Occupational exposure	307
Introduction	307	Survey instrumentation 317
Occupational exposure limits	307	Incidence of bio-effects among magnet facility and MR workers 317
National and international limits	308	Conclusions 317
Surveys of occupational exposure levels	313	

Chapter 14	Organisation and management	321
Introduction	321	Training 330
Roles in MR safety	321	Accreditation and certification 331
Policy and safety documentation	324	Standards and guidance 333
Checklist and screening	326	Exposure limits 337
Incidents	328	Conclusions: the last word 337
Emergencies	329	
<i>Appendix 1</i>	<i>One hundred equations you need to know</i>	<i>341</i>
	<i>Maxwell's equations</i>	<i>341</i>
	<i>Magnetic field induction</i>	<i>342</i>
	<i>Magnetic materials</i>	<i>345</i>
	<i>Forces and torque</i>	<i>345</i>
	<i>Forces on moving charges</i>	<i>350</i>
	<i>Laws of induction</i>	<i>351</i>
	<i>RF induction from the radiofrequency field</i>	<i>352</i>
	<i>SAR and tissue heating</i>	<i>354</i>
<i>Appendix 2</i>	<i>Maths toolkit</i>	<i>357</i>
	<i>Coordinate systems</i>	<i>357</i>
	<i>Vector algebra</i>	<i>358</i>
	<i>Vector calculus</i>	<i>360</i>
<i>Appendix 3</i>	<i>Symbols and constants</i>	<i>363</i>
	<i>Answers to revision questions</i>	<i>367</i>
	<i>Index</i>	<i>369</i>