

Preface to the first edition
Preface to the second edition
Preface to the third edition
List of abbreviations

Part I. Definitions and Prevalence:

1. Definitions and epidemiology

Part II. Cause:

2. Causal and maintaining factors

Part III. Diagnosis and Clinical Features:

3. Obtaining the history and physical examination
4. Complications by system
5. Complications of nutritional therapy
6. Laboratory testing

Part IV. Differential Diagnosis:

7. Differential diagnosis

Part V. Course and Prognosis:

8. Course and prognosis
9. What is the goal weight?
10. The risk of death and how to prevent it

Part VI. Treatment:

11. Evidence-based treatment
12. Psychological therapies
13. Medical management
14. Managing medical complications
15. Managing treatment refusal and preventing relapse
16. Reducing the treatment gap by self-management

Appendix. Protocols and algorithms: abdominal fullness protocol

Admission orders for inpatient care

Anorexia nervosa treatment algorithm

Bulimia nervosa treatment algorithm

Dehydration treatment protocol

Glucagon test protocol

Magnesium intravenous protocol and balance test

Parotid enlargement treatment protocol

Potassium treatment protocol

Warming protocols

Index.