

Section 1: Practice of Travel Medicine

1. Introduction to Travel Medicine
2. Epidemiology: Morbidity and Mortality in Travelers
3. Starting, Organizing and Marketing a Travel Clinic
4. Pre-travel Consultation

Section 2: The Pre-Travel Consultation

5. Water Disinfection for International Travelers
6. Insect Protection
7. Pre-travel Considerations for Non-Vaccine-Preventable Travel Infections
8. Travel Medicine Kits

Section 3: Immunization

9. Principles of Immunization
10. Routine Adult Vaccines
11. Routine Travel Vaccines: Hepatitis A and B, Typhoid
12. Recommended/Required Travel Vaccines
13. Pediatric Travel Vaccinations

Section 4: Malaria

14. Malaria: Epidemiology and Risk to the Traveler
15. Malaria Chemoprophylaxis
16. Self-Diagnosis and Self-Treatment of Malaria by the Traveler
17. Approach to Patient with Malaria

Section 5: Travelers' Diarrhea

18. Epidemiology of Travelers' Diarrhea

- 19. Prevention of Travelers' Diarrhea
- 20. Clinical Presentation and Management of Travelers' Diarrhea
- 21. Persistent Gastrointestinal Symptoms in the Ill-Returning Traveler

Section 6: Travelers with Special Needs

- 22. The Pregnant and Breastfeeding Traveler
- 23. The Pediatric and Adolescent Traveler
- 24. The Older Traveler
- 25. The Physically Challenged Traveller
- 26. The Traveler with Pre-Existing Disease
- 27. The Immunocompromised Traveller
- 28. The Traveler with HIV
- 29. The Business Traveler
- 30. The VIP Traveler: Mission-Oriented Travel Medicine
- 31. Health Aspects of International Adoption
- 32. Visiting Friends and Relatives

Section 7: Travelers with Special Itineraries

- 33. Expatriates: Corporate, Missionary and Volunteer
- 34. The Migrant Traveler
- 35. Humanitarian Aid Workers
- 36. The Deployed Military: Medical Readiness and Travel-Related Health Issues
- 37. Expedition Medicine
- 38. Ecotourism
- 39. Medical Tourism

40. Cruise Ship Travel

41. Mass Gatherings

Section 8: Environmental Aspects of Travel Medicine

42. High-Altitude Medicine

43. Diving Medicine

44. Extremes of Temperature and Hydration

45. Jet Lag

46. Motion Sickness

47. The Aircraft Cabin Environment

Section 9: Health Problems While Traveling

48. Bites, Stings, and Envenoming Injuries

49. Seafood Poisoning

50. Injuries and Injury Prevention

51. Mental Health Issues of Travelers

52. Travelers' Thrombosis

53. Healthcare Abroad

54. Personal Security and Crime Avoidance

Section 10: Post-Travel

55. Post-travel Screening

56. Fever in Returned Travelers

57. Skin Diseases

58. Eosinophilia

59. Respiratory Infections

Appendix

Sources of Travel Medicine Information