

## Contents

List of Contributors *vii*

- 1 **The History of Onychomycosis** 1  
*Bárður Sigurgeirsson*
- 2 **Epidemiology of Onychomycosis** 13  
*Mahmoud A. Ghannoum, Iman Salem, and Luisa Christensen*
- 3 **Tinea Pedis and Onychomycosis** 21  
*David de Berker*
- 4 **Clinical Features: Classification** 31  
*Roderick J. Hay*
- 5 **Grading Onychomycosis** 41  
*Anna Q. Hare and Phoebe Rich*
- 6a **Routine and Emerging Techniques in Onychomycosis Diagnosis** 47  
*Shari R. Lipner, Richard K. Scher, and Adam I. Rubin*
- 6b **Histopathology of Onychomycosis** 60  
*Josette André*
- 6c **Dermoscopy in the Diagnosis of Onychomycosis** 66  
*Bianca Maria Piraccini, Aurora Alessandrini,  
Francesca Bruni, and Michela Starace*
- 7 **Differential Diagnosis of Onychomycosis** 75  
*Dimitris Rigopoulos and Bertrand Richert*
- 8 **Predicting the Outcome of Treatment: Prognostic Factors** 83  
*Bárður Sigurgeirsson*

|                |                                                                              |            |
|----------------|------------------------------------------------------------------------------|------------|
| <b>9a</b>      | <b>Topical Therapies for Onychomycosis</b>                                   | <b>103</b> |
|                | <i>Casey Wang, Theresa Canavan, and Boni Elewski</i>                         |            |
| <b>9b</b>      | <b>Systemic Treatment of Onychomycosis</b>                                   | <b>118</b> |
|                | <i>Austin John Maddy and Antonella Tosti</i>                                 |            |
| <b>9c(i)</b>   | <b>Laser Devices in the Treatment of Onychomycosis</b>                       | <b>123</b> |
|                | <i>Dimitris Rigopoulos, Christos Prevezas, and Ioanna Triantafyllopoulou</i> |            |
| <b>9c(ii)</b>  | <b>Photodynamic Therapy (PDT) in the Treatment of Onychomycosis</b>          | <b>133</b> |
|                | <i>Elena Sotiriou and Dimitris Ioannides</i>                                 |            |
| <b>9c(iii)</b> | <b>Onychomycosis and Iontophoresis</b>                                       | <b>141</b> |
|                | <i>Avner Shemer</i>                                                          |            |
| <b>9c(iv)</b>  | <b>Nail Drilling</b>                                                         | <b>146</b> |
|                | <i>Pauline Lecerf</i>                                                        |            |
| <b>9d</b>      | <b>Physical Treatment of Onychomycosis</b>                                   | <b>150</b> |
|                | <i>Bertrand Richert</i>                                                      |            |
| <b>9e</b>      | <b>Onychomycosis: Algorithm</b>                                              | <b>160</b> |
|                | <i>Bertrand Richert</i>                                                      |            |
| <b>9f</b>      | <b>Prevention of Relapse and Re-Infection: Prophylaxis</b>                   | <b>162</b> |
|                | <i>Eckart Haneke</i>                                                         |            |
| <b>10</b>      | <b>Future Treatments for Onychomycosis</b>                                   | <b>173</b> |
|                | <i>Aditya K. Gupta and Sarah G. Versteeg</i>                                 |            |
| <b>11</b>      | <b>Onychomycosis in Special Populations</b>                                  | <b>187</b> |
|                | <i>Nilton Di Chiacchio and Nilton Gioia Di Chiacchio</i>                     |            |
| <b>12</b>      | <b>Onychomycosis: The Podiatric Physician Perspective</b>                    | <b>197</b> |
|                | <i>Lauren Dabakaroff, Tyrone A. Mayorga, and Bryan C. Markinson</i>          |            |
| <b>13</b>      | <b>Home Remedies for Onychomycosis</b>                                       | <b>207</b> |
|                | <i>Jane S. Bellet and C. Ralph Daniel, III</i>                               |            |
|                | <b>Index</b>                                                                 | <b>213</b> |