
Controversies in the Technical Aspects of ACL Reconstruction

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Editors

Controversies in the Technical Aspects of ACL Reconstruction

An Evidence-Based Medicine
Approach

 Springer



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Preface

Anterior cruciate ligament (ACL) surgery has changed and evolved extensively for over the last few decades. There are many controversies that exist with respect to the technical aspects of this surgery. In this book, we attempted to present the controversial aspects in an evidence-based fashion. In several cases, the topic is so controversial that we presented chapters presenting the evidence for either side of the argument. Evidence-based medicine is when the physician uses the best available literature to assist in decision-making for a given patient. While there is not always a perfect answer for a given clinical dilemma, we attempted to present the information in as unbiased manner as possible. The following pages will take the reader through ACL injury from prevention to clinical decision-making to surgical technique. We hope that we assist the reader to take better care of their patients using the available evidence summarized by authors from around the globe representing ISAKOS.

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