

Motivational Interviewing for Clinical Practice has many useful features:

- *The book is organized along the four processes of motivational interviewing—engaging, focusing, evoking and planning—which provides a consistent framework for enhanced understanding.*
- *The authors include numerous case examples with extensive illustrations of clinical dialogue that will be invaluable to both novices and experts.*
- *The book explores the integration of motivational interviewing with other psychotherapies and the use of motivational interviewing with psychopharmacology.*
- *The authors also address special topics such as motivational interviewing in a diverse society and the teaching of motivational interviewing.*
- *Key points, references and multiple-choice examination questions, along with explanations of the correct answers, are provided, as well as numerous clinical tools and summary tables to bring the material to life.*
- *For those looking for a quick general or board review on the topic, the multiple choice questions and answers are collected together in a special section for easy access, self-study and review.*
- *Medical students new to motivational interviewing provide reflections on each chapter, focusing readers on the material deemed by their peers to be most useful to them in the future.*

Περιεχόμενα:

Contributors

Preface

Part 1: Getting Ready to Use Motivational Interviewing

Chapter 1. Motivational Interviewing in Addiction Treatment

Chapter 2. Fundamentals of Motivational Interviewing

Chapter 3. Engaging

Chapter 4. Focusing

Chapter 5. Evoking

Chapter 6. Planning

Part 2: Getting Good at Motivational Interviewing

Chapter 7. Integrating Motivational Interviewing With Other Psychotherapies

Chapter 8. Motivational Interviewing and Pharmacotherapy

Chapter 9. Motivational Interviewing in a Diverse Society

Part 3: Getting Advanced Knowledge in Motivational Interviewing

Chapter 10. Teaching Motivational Interviewing

Chapter 11. Motivational Interviewing in Administration, Management and Leadership

Chapter 12. The Science of Motivational Interviewing

Appendix 1: Key Concepts in Motivation and Change

Appendix 2: Answer Guide to Study Questions

Index