

Contents

List of contributors vii

Foreword

by Aaron T. Beck x

Acknowledgments xi

Section 1 Introduction and concepts

1 **The self in psychological disorders: an introduction** 1
Michael Kyrios

2 **The self-concept: theory and research** 8
Sunil S. Bhar and Michael Kyrios

3 **Adult attachment and self-related processes** 19
Mario Mikulincer and Guy Doron

Section 2 The self in treatment frameworks

4 **Working with the future: a psychodynamic-integrative approach to treatment** 29
Golan Shahar and Moran Schiller

5 **Finding the self in a cognitive behavioral perspective** 40
David A. Clark

6 **The self in acceptance and commitment therapy** 50
Robert D. Zettle

7 **The self in schema therapy** 59
Eshkol Rafaeli, Offer Maurer, Gal Lazarus, and Nathan C. Thoma

Section 3 The self in specific psychological disorders

8 **The self in depression** 71
Patrick Luyten and Peter Fonagy

9 **The self in bipolar disorder** 82
Nuwan D. Leitan

10 **The self in social anxiety** 91
Bree Gregory, Lorna Peters, and Ronald M. Rapee

11 **The self in posttraumatic stress disorder** 102
Mardi J. Horowitz and Monica A. Sicilia

12 **Self processes in obsessive-compulsive disorder** 112
Claire Ahern and Michael Kyrios

13 **The self in the obsessive-compulsive-related disorders: hoarding disorder, body dysmorphic disorder, and trichotillomania** 123
Richard Moulding, Serafino G. Mancuso, Imogen Rehm, and Maja Nedeljkovic

14 **Self-regulation in disordered gambling: a comparison with alcohol and substance use disorders** 134
Simone N. Rodda, Kate Hall, Petra K. Staiger, and Nicki A. Dowling

15 **The self in autism** 144
Istvan Molnar-Szakacs and Lucina Q. Uddin

16 **Basic self disturbance in the schizophrenia spectrum: a review and future directions** 158
Barnaby Nelson, Louis A. Sass, and Josef Parnas

17 **Painful incoherence: the self in borderline personality disorder** 169
Giovanni Liotti and Benedetto Farina

18 **The self in obsessive-compulsive personality disorder** 179
Maja Nedeljkovic, Richard Moulding, Michael Kyrios, and Stephanie Mathews

Cambridge University Press

978-1-107-07914-4 - The Self in Understanding and Treating Psychological Disorders

Edited by Michael Kyrios, Richard Moulding, Guy Doron, Sunil S. Bhar, Maja Nedeljkovic and Mario Mikulincer

Table of Contents

[More information](#)**Contents**

19 **The self in chronic fatigue syndrome** 190
Stefan Kempke, Eline Coppens, Patrick Luyten,
and Boudewijn Van Houdenhove

20 **The self in eating disorders** 201
Christopher Basten and Stephen Touyz

21 **The self in dementia** 213
Lisa S. Caddell

22 **The self in gender dysphoria: a developmental
perspective** 222
Kenneth J. Zucker and Doug P. VanderLaan

**Section 4 Conclusions and future
directions**

23 **Future directions in examining the self in
psychological disorders** 233
Michael Kyrios, Richard Moulding, Sunil S. Bhar,
Guy Doron, Maja Nedeljkovic, and Mario
Mikulincer

Index 237